

St Thomas of Canterbury Church of England Primary School



Three week menu plan from 13th April 2026

The new lunch menus will commence on
Monday 13th April 2026

Please put a tick ✓ in the box next to the main meal, vegetarian meal or packed lunch option for your child for each day of each week of the three week cycle. Return **the School Copy** menu plan to school by Friday 20th March.

If you do not return the menu plan we will assume you are providing your own packed lunch each day.

Allergen information is available upon request.

Child's name: _____

Year: _____ Class: _____

SCHOOL COPY

Week 1

Please put a tick ✓ in the box next to your child's option or if you will be providing your own packed lunch for your child.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Pasta Day <input type="checkbox"/> Pepperoni Sauce or	Chicken Goujons <input type="checkbox"/> or	Roast Chicken <input type="checkbox"/> or	Beef Burger in a Bun <input type="checkbox"/> or	Fish Fingers <input type="checkbox"/> or
Vegetarian Option	Tomato and Basil Sauce <input type="checkbox"/> or	Quorn Nuggets <input type="checkbox"/> or	Quorn Fillet <input type="checkbox"/> or	Vegetable Burger in a Bun <input type="checkbox"/> or	Cheese and Tomato Quiche <input type="checkbox"/> or
	Cheese Sandwich <input type="checkbox"/> Ham Sandwich <input type="checkbox"/>	Cheese Sandwich <input type="checkbox"/> Ham Sandwich <input type="checkbox"/>	Cheese Sandwich <input type="checkbox"/> Ham Sandwich <input type="checkbox"/>	Cheese Sandwich <input type="checkbox"/> Ham Sandwich <input type="checkbox"/>	Cheese Sandwich <input type="checkbox"/> Ham Sandwich <input type="checkbox"/>
	Pasta Garlic Bread Fresh Salad	Rice Wraps Sweetcorn BBQ Sauce	Roast Potatoes Peas Carrots Yorkshire Pudding	Fresh Salad Tomato Relish	Chips Peas Baked Beans
	Flapjack	Strawberry Mousse	Jelly	School Sponge Cake	Shortbread Biscuit
	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts
	Own Packed Lunch <input type="checkbox"/>	Own Packed Lunch <input type="checkbox"/>	Own Packed Lunch <input type="checkbox"/>	Own Packed Lunch <input type="checkbox"/>	Own Packed Lunch <input type="checkbox"/>

Water and Cold Milk available every day

Week 2

Please put a tick ✓ in the box next to your child's option or if you will be providing your own packed lunch for your child.

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main		Cheese and Pepperoni Pizza <input type="checkbox"/>	Beef Bolognese <input type="checkbox"/>	All Day Breakfast <input type="checkbox"/>	Chicken Tikka <input type="checkbox"/>	Chicken Nuggets <input type="checkbox"/>
	or		or	or	or	or
Vegetarian Option		Cheese and Tomato Pizza <input type="checkbox"/>	Cheese and Tomato Pasta <input type="checkbox"/>	Vegetarian Breakfast <input type="checkbox"/>	Macaroni Cheese <input type="checkbox"/>	Quorn Nuggets <input type="checkbox"/>
		Cheese Sandwich <input type="checkbox"/>	Cheese Sandwich <input type="checkbox"/>	Cheese Sandwich <input type="checkbox"/>	Cheese Sandwich <input type="checkbox"/>	Cheese Sandwich <input type="checkbox"/>
		Ham Sandwich <input type="checkbox"/>	Ham Sandwich <input type="checkbox"/>	Ham Sandwich <input type="checkbox"/>	Ham Sandwich <input type="checkbox"/>	Ham Sandwich <input type="checkbox"/>
		Sweetcorn Fresh Salad	Pasta Garlic Bread Fresh Salad	Hash Browns Baked Beans	Rice/Naan Bread Herby Bread Fresh Salad	Chips Spaghetti Hoops Peas
		Chocolate Crunch	Jelly	Ice Cream Tubs	School Chocolate Sponge Cake	Oaty Cookie
		Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts
		Own Packed Lunch <input type="checkbox"/>	Own Packed Lunch <input type="checkbox"/>	Own Packed Lunch <input type="checkbox"/>	Own Packed Lunch <input type="checkbox"/>	Own Packed Lunch <input type="checkbox"/>

Water and Cold Milk available every day

Week 3

Please put a tick ✓ in the box next to your child's option or if you will be providing your own packed lunch for your child.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	GF Pork Meatballs <input type="checkbox"/>	Jacket Potatoes <input type="checkbox"/>	Roast Chicken <input type="checkbox"/>	Beef Burrito <input type="checkbox"/>	Fish Fillet <input type="checkbox"/>
	or	or	or	or	or
Vegetarian Option	Macaroni Cheese <input type="checkbox"/>	Jacket Potatoes <input type="checkbox"/>	Cheese and Broccoli Pasta Bake <input type="checkbox"/>	Quorn Burrito <input type="checkbox"/>	Vegetable Samosa <input type="checkbox"/>
	Cheese Sandwich <input type="checkbox"/>	Cheese Sandwich <input type="checkbox"/>	Cheese Sandwich <input type="checkbox"/>	Cheese Sandwich <input type="checkbox"/>	Cheese Sandwich <input type="checkbox"/>
	Ham Sandwich <input type="checkbox"/>	Ham Sandwich <input type="checkbox"/>	Ham Sandwich <input type="checkbox"/>	Ham Sandwich <input type="checkbox"/>	Ham Sandwich <input type="checkbox"/>
	Garlic Bread Fresh Salad	Cheese Beans Tuna and Sweetcorn Chilli Beef	Herby Potatoes Green Beans Carrots Yorkshire Pudding	Rice Corn on the Cob	Chips Peas Baked Beans
	Ice Cream Tubs	Chocolate Mousse	Chocolate Chip Cookies	Jelly	School Sponge Cake
	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts
	Own Packed Lunch <input type="checkbox"/>	Own Packed Lunch <input type="checkbox"/>	Own Packed Lunch <input type="checkbox"/>	Own Packed Lunch <input type="checkbox"/>	Own Packed Lunch <input type="checkbox"/>

Water and Cold Milk available every day